

Five Fabulous December Events!



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## Big, Beautiful Sex: Body Image & Sexuality with Elle Chase and More December Events!

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# ELLE CHASE, ACS



SEX BODY IMAGE INTIMACY  
EDUCATOR SPEAKER AUTHOR  
[WWW.ELLECHASE.COM](http://WWW.ELLECHASE.COM)

From Elle:

*Who says you have to be skinny\* to have the best sex of your life? Whether it's media and advertising images of "perfect" bodies or snarky comments about our weight, fat-shaming is all around us, and it can get in the way of our sexual confidence and pleasure. In this workshop, which combines lecture and discussion, I will talk about attitudes (both external and internal) that can hold us back from great sex and specific challenges we face as plus-sized lovers. You will learn skills – from communication tools to the best toys, techniques and positions – to help you embrace your sexuality and have big, beautiful sex. 90 min. w/ Q&A*

*\* Appropriate for anyone with any type of body image issues regardless of size.*



Looking to take action, build community, or just have some sexy/kinky holiday fun? Check out these other December events!

#### [Sex-Positive Trivia with Nikki Lev](#)

Dec 7th, 6:30-8pm

Join us at the Local for a holiday edition of our popular ongoing trivia event! Meet at 6:30 to socialize and form teams; trivia starts at 7. Free and open to the public.

#### [Volunteer Work Social](#)

Dec 12th, 7-9pm

New SPEEC volunteers, existing volunteers working on projects, and anyone with a spare evening to help -- meet up for snacks, socializing, and getting stuff done!

#### [Next Steps for Positive Response](#)

Dec 14th, 8-10pm

This is a coming together for those who want concrete positive answers to the questions of what to do next, to how to prepare for and respond to change with care and involvement in local issues. SPEEC is partnering with several other local organizations for this evening of education and community building. Free and open to the public.

#### [Kink the Halls: A Sexy BDSM Holiday Shindig](#)

Dec 18th, 7-11pm

We're pleased to share this lighthearted, kinky, sexy community event... and delighted the organizers have chosen to benefit SPEEC! Join us for rigging, a rope bottom decoration contest, costumes, games, and prizes. [Get your tickets now!](#)

Happy holidays to you and yours, and we hope to see you soon!

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Past Issues



Memberships are now available! Members get perks for SPEEC events, discounts all around town, and special prices on membership for the first two years.

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Did you know that donations to SPEEC are tax-deductible and go straight toward making Portland a more amazing, sex-positive city? Learn more about the [perks](#) and...

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SPEEC's volunteers are our lifeblood; we simply would not exist without them. Join us in creating something incredible, sustainable, and revolutionary. Right here in Portland.

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